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AROMA THERAPY



Issue No. 290

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PRESIDENT-ELECT TRUMP IS IN FAVOR OF BLOCK GRANT MEDICAID

Ronald Fatoullah, Attorneys at Law

One of President-Elect Donald Trump's signature campaign health care promises was repealing the Affordable Care Act, commonly known as Obamacare. But his election, coupled with Republican control of both the House and Senate, means that there will also almost certainly be a new GOP effort to turn the Medicaid program into a system of block grants to states. Under such a system, states would receive a lump sum of federal money to provide health care to low-income people, in contrast to the open-ended entitlement that Medicaid is today, with the federal government matching every dollar that each state spends.

In March, as he was closing in on the GOP nomination, Trump unveiled a seven-point health care reform plan that included block granting Medicaid. His platform, which can be found on his campaign's website, pledges to "maximize flexibility for states via block grants so that local leaders can design innovative Medicaid programs that will better serve their low-income citizens."

Turning Medicaid into a block grant system was previously proposed in 1995 by then-House Speaker Newt Gingrich, then again in 2003 by President George W. Bush, and most recently in 2011 by House Republicans. Under the House Republican plan, states would have received a fixed amount every year, which would only increase with population growth and the overall cost of living. It would not be adjusted as a result of economic conditions. At the time, the Congressional Budget Office forecast that by 2022 federal funding for Medicaid would fall 35 percent below what the federal government

Jeffrey Brown, DDS

The most common symptom of TMD is noise in the joint. Pain in the jaw muscles and in the temporomandibular joint (jaw joint) are also common symptoms of TMD. It is not uncommon for pain to also spread around your ears to your head, neck, shoulders and back. However, people with Parkinson's often do not feel their pain. Common symptoms include:

- Clicking, popping or grating sounds in the jaw joint
- Being unable to open the mouth comfortably
- The jaw locks when you attempt to open your mouth
- A bite that feels uncomfortable or "off"
- Chronic headaches
- Dizziness and vision problems
- Facial pain
- Neck pain or stiffness
- Ringing in the ears, ear pain or decreased hearing

TEMPOROMANDIBULAR DISORDER (**TMD**) **TREATMENT:** When an occlusion (*the blockage or closing of a blood vessel or hollow organ*) problem or tissue damage to the head, neck and facial area is diagnosed, it is important to have an evaluation by a trained and qualified TMD dentist. This professional should take a full examination of the TM joints, head, neck and facial region, as well as X-rays and may/should even request an MRI evaluation. They are able to objectively determine the pathological nature and extent of joint sounds and injuries to the TM joint area to arrive at a realistic prognosis. Frequently, a custom-made (*specifically to your bite*) orthotic ("*splint*") is prescribed for orthopedic and musculoskeletal stabilization.

Patients can benefit a lot from this non-surgical, conservative treatment. Once pain is controlled and the jaw joint is stabilized, the bite is balanced so the teeth, muscles and joints all work together without strain or pain. Initially, treatment addresses the pain by reducing inflammation and addressing the primary source of pain. Secondly, function is restored through the use of orthotic appliances and various physical therapies. Thirdly, the patient is stabilized and a discussion takes place of what is necessary to maintain proper bite alignment. Very rarely is surgery necessary to see improvement. Because problems associated with the jaw joints can be progressive, accurate and immediate diagnosis and treatment is crucial.

In addition, many of the trained and qualified dentists are trained in the ALF (Advanced Light Force wire) technology in which the upper jaw and palate are allowed to expand and develop to their best potential over the course of time. The ALF has proven to be an extremely valuable tool for those patients who otherwise might have been told they need their upper or lower jaw surgically moved

CAUSES OF TEMPOROMANDIBULAR DISORDER (TMD): The truth be known, while many factors are believed to contribute to TMD, the exact cause is unknown. And sometimes it is not possible to determine the exact cause of the symptoms. There is considerable evidence that the relationship between the upper and the lower teeth and the teeth to the TM joints, as well as supporting ligaments and muscles, is a significant factor. Other contributing factors may include:

- *Trauma:* The joint is damaged by a blow or other direct and indirect impact. Strains, sprains and injuries can lead to both pain and dysfunction.
- *Improper Occlusion:* When teeth do not fit together properly, it causes sustained microtrauma to other joints. If the condition is not addressed, over time, the body begins to compensate by involving muscles in other areas: the neck, throat and upper back.
- *Muscle Hyperactivity:* This goes hand-in-hand with internal jaw joint problems. Any condition that prevents the complex system of muscles, bones and joints from working together in harmony can contribute to TMD. Various ways this system can be disrupted include trauma, connective tissue disorders, arthritis or skeletal malformation.

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NEW ULTRASOUND TECHNOLOGY COULD BE USED TO TREAT PARKINSON'S TREMORS

Christie Abagon

First Posted: Dec 09, 2016 04:07 PM EST

Tremors are caused by an abnormal brain circuit which transmit tremors from nervous system to the muscles. Doctors usually prescribe medications to treat tremors, but if a patient does not respond to medication, surgery may be performed.

Doctors in the UK were able to treat a man who suffered from uncontrollable tremors in his right hand using a technique which avoids the need for invasive brain surgery. This promises hope for patients of Parkinson's disease and other debilitating illnesses which causes uncontrollable shaking.

Ultrasound Machine Targets Brain Circuits Which Cause Tremors Selwyn Lucas, 52, from Cornwall, suffered from uncontrollable tremors in his right hand for 20 years. According to BBC, after the treatment, his hand is now steady and he felt "fantastic".

"For many years I managed to live a relatively normal life with my tremor but over the last five years it had started to prevent me from leading the life I wanted to lead," he said.

The ultrasound treatment that doctors used on him is known as "MRI-guided focused ultrasound for brain". It works by applying heat energy from ultrasound waves to specific parts of the brain in order to break the abnormal circuit which causes the tremor.

Consultant radiologist and principal investigator for the latest trial Professor Wladyslaw Gedroyc told Telegraph about the treatment: "We are pleased with the results of the trial so far. We anticipate that this new approach to therapy in essential tremor and other movement disorders, including Parkinson's, will allow huge improvements in patients' quality-of-life without the need for invasive procedures or expensive, poorly tolerated and often ineffective drug therapy."

Essential Tremor Affects Millions In The UK: In the UK, around one million people suffer from essential tremor, which causes uncontrollable shaking. The shaking is said to be caused by abnormal electrical circuits in the brain. Usually, if a patient does not respond to medications, doctors may suggest surgery, but this breakthrough avoids that.

Head of Research Communications and Engagement at Parkinson's UK, Claire Bale said: "The development of focused ultrasound techniques offers a new and promising tool for treating tremor. It is particularly attractive because this therapy could provide similar benefits to deep brain stimulation but without the needed invasive brain surgery which comes with risks of infection."

THE INVENTION THAT HELPED ME WRITE AGAIN

7 December 2016 / Last updated at 02:20 GMT

When Emma Lawton was 29 she was diagnosed with Parkinson's disease.

As a graphic designer, drawing is a huge part of her life but over the past three years the tremor in her hands has grown more pronounced stopping her from writing and drawing straight lines.

Enter Haiyan Zhang and her invention that is changing Emma's life. To see this amazing story on video, go online to *YouTube.com/watch?v=R6rAlFYDffQ* Here's another story, same subject...

MICROSOFT RESEARCHER CREATES WEARABLE WHICH SMOOTHS HANDWRITING IN PARKINSON'S DISEASE

Surur@mspoweruser Dec 8, 2016 at 14:00 GMT

Haiyan Zhang, Innovation Director at Microsoft Research Cambridge, has taken part in the BBC's The Big Life Fix challenge which asks young technologists to use their skills to help others.

cont. on page 7

Issue No. 290 **Newsworthy Notes** January 2017

7 UNUSUAL SIGNS OF IRON DEFICIENCY

Hair loss, fatigue, and a swollen tongue can all be symptoms of low iron levels. **Ashley Welch**

Medically Reviewed by Maureen Namkoong, RD Everyday Health Diet and Nutrition - Nov 19, 2016

Iron is essential for health, because it carries oxygen in your blood to every cell in your body.

Signs of iron deficiency include FATIGUE, frequent infections, and restless legs sundrome.

Iron is a mineral that plays a vital role in health and well-being. Without it, many bodily functions would malfunction.

"The primary role of iron is to carry oxygen in the blood to every cell in the body," says Beth Thayer, RDN, MS, director of the Center for Health Promotion and Disease Prevention at Henry Ford Health System in Detroit.

Iron is an important component of hemoglobin, the protein in red blood cells that carries oxygen from the lungs and transports it throughout the body.

If your body doesn't have enough iron, it cannot produce enough healthy oxygen-carrying red blood cells. Iron deficiency can cause anemia, which means you have too little hemoglobin.

Women in their childbearing years are at higher risk for iron deficiency because of the loss of blood during menstruation. According to the Centers for Disease Control and Prevention, the recommended daily dietary allowance for iron for 19-to-50-year-old women is 18 milligrams (mg).

Pregnant women should be consuming 27 mg per day. Adult men, on the other hand, need about 8 mg of iron per day.

"Women who are pregnant need the most amount of iron," says Marilyn Murr, MD, clinical assistant professor of family and community medicine at the School of Medicine at the University of Texas Health Science Center at Houston. "The baby acts as a parasite taking iron, and the woman increases her blood volume to circulate through the baby and create the baby's blood volume."

There are two types of iron: heme iron from animal sources and non-heme iron from plant sources. Heme iron is absorbed more readily by the blood. Foods rich in iron include beef, liver, oysters, beans, fortified cereals, and dark leafy greens like spinach.

Insufficient iron levels can wreak havoc all over the body. Here are seven surprising signs of iron deficiency.

1. Extreme Fatigue and Exhaustion

The principle sign that your body is not getting enough iron may be the most difficult to link to iron deficiency.

"This is one of the most common signs of iron deficiency because it means your body is having trouble carrying the oxygen to your cells so it's affecting your energy levels," Thayer says.

People lacking enough iron in their blood often feel sluggish, weak, and unable to focus. Though fatigue can be the sign of numerous conditions, if it does not go away with adequate rest, consider having your iron levels checked.

2. Frequent Infections

Iron plays a key role in a healthy immune system, so lower levels of the mineral can make someone more susceptible to infections. "Red blood cells help to transport oxygen to the spleen, which is one place where infections can be fought off," Dr. Murr says.

Red blood cells also carry oxygen to the lymph nodes, which house infectionfighting white blood cells. "When someone has an iron deficiency, the white blood cells aren't being produced as well, and they're not as strong because they're not getting enough oxygen, making that person more susceptible to infections," she says.

cont. on page 7

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6

ROAD TO THE CURE - cont. from page 1

SMART Molecules technology overcomes this problem, making it the first Company in the world to detect aberrant CNS proteins such as α -synuclein, Tau & LRRK2, and stop their expression in an animal model. This technology is protected by two patents and several other patents that are under different stages of prosecution. The Company is talking with Angel investors, investment bankers and venture capitalists to raise the needed funds for scaling up the production of its CNS drugs, file IND (Investigational New Drug) applications with the US FDA and begin human clinical trials.

In January 2016 we started reporting about the ICBI-Pharma Collaboration. Although it is still going forth, due to a reorganization at its headquarters, the US big pharmaceutical company could not conduct the experiment that was scheduled to be performed in September, 2016. The pharmaceutical company's scientists then set up the date of December 14 to conduct the validation experiment. Unfortunately, from age-related factors, between September and December, several mice had died which delayed the experiment even further. ICBI and the pharmaceutical company scientists will regroup in January to strategize and set up a new target date to conduct the experiment.

Besides the excitement of adding Dr. Serge Muyldermans to the ICBI team, we are pleased to report on the Therapeutic Efficacy of our Parkinson's Drug (alpha-Synuclein-SMART Molecule). With demonstrated therapeutic effect of our drug to halt the progression of Parkinson's disease in animals, the year 2016 has been remarkably very successful for ICBI and its investors. We have now proven that the ICBII's SMART molecules technology is not only capable of early detecting Parkinson's but also stopping the disease progression in animals. The Company has accomplished all this with the fewest dollars in the history of medical sciences. Imagine, had we had access to the \$5M back in 2012, TODAY we would have been conducting human clinical trials. Just imagine!

We look forward to 2017 with great expectations. *Our Immediate Plans* are to *take our drug to the patients*. The following, in the months identified, needs to happen before starting clinical trials. All it takes is the funding.

- i) Drug needs to be cloned and manufactured (9-12 months)
- ii) Submit an IND application with the USFDA for approval (3 months)
- iii) Conduct Phase-1 human trials (6-12 months)

If you would like to take part in this "history-making" science please get in touch with Jo Rosen at Parkinson's Resource Organization with whom we are in constant communication, updating her on our progress, while learning from her why it is so important to continue working to eradicate this horrific disease. IMAGINE a world with no Parkinson's or Alzheimer's disease.

Just Imagine.

"TRUMP" - cont. from page 2

was then providing states, and the shortfall would be 49 percent by 2030. States would be forced to make up for this dramatic loss in funding by restricting eligibility for Medicaid (*including nursing home coverage*), reducing covered services, and cutting already-low payment rates to health care providers.

"The House Republican budget proposal should be accompanied by a 'Grandma Beware!' sign," said Ron Pollack, Executive Director of Families USA at the time. "The proposal will inevitably result in seniors losing the nursing home and other long-term care they need at a time when they are most frail."

Regarding the probable Trump effort to revive the block grant idea, InsideHealthPolicy writes that opponents contend that "state[s] would likely be allowed to cut benefits to deal with federal funding shortfalls or possibly even be absolved from the federal minimum requirements for beneficiary eligibility..."

While 60 votes in the Senate would be needed to put a block grant bill up for a vote, Trump's Secretary of Health and Human Services (HHS) could set up Medicaid block grant demonstrations in selected states. Candidates for HHS Secretary include Florida Governor Rick Scott, former pharmaceutical executive, Trump transition team leader Rich Bagger, and former House Speaker Newt Gingrich. Former presidential candidate Benjamin Carson, M.D. had been viewed as a leading candidate until last week when sources said he was not interested in a cabinet level position.

Of course, Team Fatoullah will keep you informed about upcoming changes regarding this issue and other Medicaid-related topics. Find them in The WELLNESS VILLAGE at *ParkinsonsResource.org/general-information/ronald-fatoullah/* where they have been *members since December 2011*.

TMD - cont. from page 3

- Posture: Poor posture places unnecessary wear and tear on all the joints including the jaw joints. Over time, consequences of postural neglect can be as damaging as an injury.
- Stress: Increased physical and emotional stress is another factor that impacts patients with TMD. Some patients unconsciously clench or grind their teeth (bruxism) in response to increased stress. Chronic clenching and bruxing (a condition in which you grind, gnash or clench your teeth) creates strain on the TM joints and muscles which can intensify TMD problems.

To find a TMD certified Dentist, the key operative words are trained, qualified and equipped. So far, a few of them are listed in the Parkinson's Resource Organization (PRO) Wellness Village. Look to see who might be in your area or call the PRO office for assistance. Dr. Brendan Stack and Dr. Jeffrey Brown have been members of the Wellness Village since January 2011.

INVENTION - cont. from page 4



Her task was to find a way to help 29-year-old Emma Lawton, who is a graphic designer, to improve her writing and drawing skills after this was negatively impacted by her Parkinson's disease diagnosed three years ago.

Over that period the tremor in her hands has grown more pronounced stopping her from writing and drawing straight lines, with Emma saying "It was getting to the point where I was starting to worry about my future in this industry. I'm quite a resilient person, I will find a way, but I thought it was something I'd never be able to do again."

Haiyan Zhang, an interaction designer and technologist who in the past created cutlery for disabled people, eventually created a bespoke watch-like device to help Emma's ability to draw and write by producing small vibrations.

Haiyan dubbed the gadget the Emma. It works by deliberately shaking the user's arm and it thereby interrupts the feedback loops which cause the movement issues with Parkinson's, letting users write and draw with a precision that would otherwise be impossible.

Emma has been using the device day in, day out, for months and says she's thrilled by what it's done for her.

"I have no idea how it works, but it makes my writing legible (rather than) illegible. The sketches are something I would show a client. It's still a little bit shaky, it's never going to be a perfect straight line, but it's better," she said. "It makes me excited about the fact my future is back in my control, it's back in my hands."

Haiyan has no plans to commercialize the technology, but hopes other researchers will take on the project and run with it. "I think it warrants more trials," she noted. "It definitely works for Emma. I'm amazed how well it works for her."

7 SIGNS - cont. from page 5

3. Pale Skin

Though it's not always the case, pale skin is often associated with being sick, and there's good reason for that. Hemoglobin gives skin its rosy color, so low levels cause the skin to become lighter.

"When red blood cells become low with iron, they become smaller and paler in the center so skin also becomes paler," Murr says. This may be easier to detect in people with lighter complexions, but no matter what your skin tone, if the area inside your bottom eyelid is lighter than normal, this may be a sign of iron deficiency.

4. Swollen Tongue

Lack of oxygen can also cause muscles to enlarge and become painful. "It happens to all the muscles really, but the tongue is the only one you can see," Murr says. Cracks on the side of the mouth are also common among people with iron deficiency.

5. Restless Legs Syndrome

Some people who have iron deficiency develop restless legs syndrome, a disorder that causes you to have a strong urge to move your legs. The urge often comes with an unpleasant, crawling sensation in the legs that can make it hard to sleep.

6. Pica

People with iron deficiency may develop cravings for non-food substances, such as clay, dirt, or chalk, a condition known as pica.

Murr says scientists have yet to figure out why this happens to people when they do not get enough iron, but submitting to your cravings and eating these substances could be harmful. "Clay, chalk, and dirt would actually interfere with absorption of iron," she says.

7. Hair Loss

Iron deficiency, especially when it develops into anemia, can cause hair loss. "When hair follicles don't get enough oxygen, they go into a resting stage, and hair falls out and doesn't grow back until anemia is improved," Murr says. It is normal to lose about 100 strands of hair per day. However, if you notice your hair loss is excessive and it is not growing back, this may be a sign of iron deficiency.

If you're experiencing these symptoms and think you may be iron deficient, speak to your doctor. He or she can help you find ways to include more iron-rich foods in your diet and determine whether you need to take iron supplements.

Parkinson's Resource Organization (PRO), through its WELLNESS VILLAGE (**ParkinsonsResource.org/wellness-village**) has begun its campaign to populate all categories of professionals that provide services or products to people with Parkinson's or their caregivers. If you refer a professional into the WELLNESS VILLAGE that has helped you or your family gain "quality of life," alleviate symptoms, helped you through the Parkinson's Journey in some fashion and therefore wants to and can help others, and if that professional becomes a subscriber, we will thank you with 100 Parkinson's Resource Organization 47¢ postage stamps.

7

VEWSWORTHY None

Parkinson's Resource Organization

Working so no one is isolated because of Parkinson's

MESSAGE

o all of you, our wish is a New Year filled with joy, love, prosperity and abundance. Together, let's make it the #YearOfTheCure. We thank you for a wonderful year, your gifts, donations and steadfast support, giving selflessly of your TIME, TREASURE and TALENTS means more to us than words can express.

You motivate us, teach us, and inspire us to always improve. To better serve the Parkinson's community is our goal—you give us the tools and the energy to do just that. We totally appreciate you. We thank you for your tax deductible donations giving us the opportunity to help MORE... to help MORE people, MORE often, MORE timely, with MORE information in a MORE compassionate way. *THANK YOU!*

The **ROAD TO THE CURE** on this page continues with **an exciting update** including bringing this science to the people.

2017 brings articles from some of our extraordinary Wellness Villagers, informative news such as: *PRESIDENT-ELECT TRUMP IS IN FAVOR OF BLOCK GRANT MEDICAID* by *Ronald Fatoullah Attorneys* on Page 2 and *TEMPOROMANDIBULAR DISORDER (TMD)* by *Jeffrey Brown, DDS* on Page 3. We also bring to you articles of interest such as *NEW ULTRASOUND TECHNOLOGY COULD BE USED TO TREAT PARKINSON'S TREMORS* on Page 4, *THE INVENTION THAT HELPED ME WRITE AGAIN*, also on Page 4, and *7 UNUSUAL SIGNS OF IRON DEFICIENCY* on Page 5.

All of these articles are INSPIRATIONAL so we're not including a special inspirational.

We know we are providing valuable information and support in the Parkinson's community, we continue to appreciate your monthly or general donations through our safe PayPal donation page at *ParkinsonsResource.org/contribute-2/* or by mail to our office in Palm Desert, California.

Until next month, REMEMBER New Year's Day and the end of Hanukkah on the 1st, Martin Luther King Day on the 16th and Inauguration Day on the 20th. Chinese New Year is on the 28th. Happy New Year from all of us at PRO!! The flower is the Carnation and the Birthstone is the Garnet. ALWAYS remember to CELEBRATE YOU and PRAY FOR OUR TROOPS!

Love President & Founder

UPDATE ON PARKINSON'S "ROAD TO THE CURE" PROJECT

Ram S. Bhatt, CSO, CEO

"...the biologics (drugs) capable of modifying and/or halting the brain diseases are prevented from entering the brain... ICBII's SMART Molecules ... making it the first company in the world to detect... and stop its expression..."

This is an exciting time in the scientific community and in ICBI's world. Scientists from around the world are recognizing the work ICBI has completed to date and are wanting to be a part of this unparalleled history as recognized in ICBI Engaging Dr. Serge Muyldermans as Scientific Advisor.

The San Diego biotech company, ICB International, Inc., ("ICBII"), appointed Dr. Serge Muyldermans, Professor of Immunology, Vrije Universiteit Brussel, to its Scientific Advisory Board. Dr. Muyldermans is a pioneer in the field of single-domain antibodies and their applications to immunological diseases such as Alzheimer's and Parkinson's. ICBI management is confident that Dr. Muylderman's knowhow, several decades' hands-on experience with singledomain antibodies and his intellectual contributions to our ongoing neurosciences projects will speed up the market penetration of our drugs. Based in La Jolla, California, ICBII is a biomedicine company developing non-invasive diagnostics for early detection and disease altering therapies for neurodegenerative Alzheimer's and Parkinson's diseases. The Company has developed SMART (Specific Molecular Architecture for Recognition and Therapy) Molecules (SMs) technology that has been proven not only to efficiently cross the hitherto impermeable blood-brain barrier (BBB) but also detect pathogenic, aberrant proteins such as alphasynuclein, Tau and LRRK2, and stops its gene expression in the central nervous system (CNS) of an animal model.

Alzheimer's and Parkinson's diseases have become global epidemics with no relief in sight for more than 55 million individuals afflicted by the diseases. These and many other brain disorders are hidden behind the impermeable BBB and hence have escaped early detection and therapeutic correction/intervention. Not to speak of disease halting therapies, even today definite disease diagnosis is accomplished postmortem, though billions of dollars have been spent by big pharmaceutical companies, academic and governmental institutions to develop disease halting therapies for brain disorders. In spite of the best efforts by the global scientific and medical communities over the last several decades, the drugs developed so far only provide a short-term symptomatic relief without any impact on the disease progression. The BBB is a formidable physiological barrier whose properties were discovered in the 1880s. This barrier is like a security gate that lets in materials such as sugars and amino acids the brain needs, while blocking or deflecting the many it does not. In particular, the biologics (drugs) capable of modifying and /or halting the brain diseases are prevented from entering the brain. ICBII's

PRO CALENDAR FOR JANUARY 2017

The current support group meeting locations are listed below. For any information regarding any of these meetings, please contact the PRO Office at 877-775-4111.

1	2	3	4	5	6	7
8	PALM DESERT Emotional &	10	GLENDORA GLENDORA	NEWPORT 12 BEACH	13	14
	Educational Round Table for Caregivers & Public 6:30 pm		Caregivers Only 6:30 pm Kindred Rehab at	Caregivers Only 6:30 pm Oasis Senior Center		
	Atria Hacienda 44-600 Monterey Ave		Foothill 401 W Ada Ave	801 Narcissus Corona Del Mar		
15	I ALM DESERT	17	ENCINO 18 Caregiver Only	WEST LA 19 Emotional & Educational Support	20	21
	Caregivers Only 10:00 am PRO Office		7:00 pm Providence Tarzana	Group for Caregivers 6:30 pm		
	74-090 El Paseo Suite 104		Outpatient Therapy Cntr 5359 Balboa Blvd	OPICA Adult Day Care Center 11759 Missouri Ave		
22	PALMI DESEKT	MANHATTAN BEACH Emotional & Educational	24 25	26	27	28
	Educational Speaker for Caregivers & Public 6:30 pm	Support for Caregivers & Public 6:30 pm				
	Atria Hacienda 44-600 Monterey Ave	Parish House 659 15th Street				
29		31				
	Caregivers Only 10:00 am PRO Office		LONG BEACH Closed Until March			
	74-090 El Paseo Suite 104		OTTIL MARCH			

CAREGIVER MEETING: (For caregivers only) Come share the ups and downs of living with someone with Parkinson's. Together there are ways of finding solutions that, when alone, might never be considered. No need to continue with your frustrations because you are not alone. Give yourself a break.

EDUCATIONAL MEETING: We invite the community, especially the Person with Parkinson's and their family or friends, to attend. Educational meetings usually feature guest speakers who are professionals servicing the Parkinson's Community. Educational meetings are packed with a wealth of amazing information so bring your pencil and notepad!

"ROSEN ROUND TABLE" MEETING: Join a loving circle of like-minded individuals including local professionals. Learn what works for others, share what works for you. Find out what doesn't work for certain individuals. Share emotional trials and tribulations. Realize that you are not alone and that others can relate to and learn from your story.

"WE MAKE A LIVING BY WHAT WE GET. WE MAKE A LIFE BY WHAT WE GIVE!"

Newsworminy None

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Parkinson's Resource Organization

Working so no one is isolated because of Parkinson's

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We do not intend the PRO Newsletter as legal or medical advice, nor to endorse any product or service; we intend it to serve as an information guide.