

This “Caregiver Bill of Rights” is from the Caregiver Action Network (CAN), **10 Tips for Family Caregivers**

Here is a **Caregiver's Bill of Rights card** that was established 2009. To the Caregivers, You have rights, too. After you read them, post and keep them fresh in your mind.

Caregivers have the right to:

- ◆ Receive enough training in caregiving skills along with accurate understandable information about the condition and needs of the care recipient.
- ◆ Appreciation and emotional support for their decision to accept the challenge of providing care.
- ◆ Protect their assets and financial future without severing their relationship with the care-receiver.
- ◆ Respite care during emergencies and in order to care for their own health, spirit, and relationships.
- ◆ Expect all family members, both men and women, to participate in the care for aging relatives.
- ◆ Provide care at home as long as physically, financially and emotionally feasible; however, when it is no longer feasible caregivers have the obligation to explore other alternatives, such as a residential care facility.
- ◆ Temporarily alter their premises as necessary to provide safe and livable housing for care-receivers.
- ◆ Accessible and culturally appropriate services to aid in caring for care-receivers.
- ◆ Expect professionals, within their area of specialization, to recognize the importance of palliative (ease without curing) care and to be knowledgeable about concerns and options related to older people and caregivers.
- ◆ A sensitive, supportive response by employers in dealing with the unexpected or severe care needs.